



## 第 18 屆 FINA 韓國光州 2019 世界成人分齡游泳錦標賽參賽標準

18th FINA Masters World Championships 2019 Qualifying Standard Times

女子	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 自	32.20	33.15	33.65	35.65	37.60	40.10	42.10	44.05	47.50	51.50	55.95	1:04.35	1:24.15	1:41.95
100 自	1:11.30	1:14.25	1:16.25	1:19.20	1:25.15	1:31.10	1:36.05	1:41.00	1:50.90	1:56.80	2:09.00	2:33.45	2:58.20	3:32.85
200 自	2:33.70	2:38.50	2:46.10	2:52.90	3:07.30	3:21.70	3:31.30	3:45.70	4:03.90	4:15.50	4:45.20	5:35.70	6:29.00	7:41.00
400 自	5:28.45	5:38.05	5:52.50	6:00.15	6:24.15	6:57.75	7:26.60	7:50.60	8:33.80	9:17.05	10:19.45	11:50.70	13:17.15	15:12.40
800 自	11:31.50	11:50.70	12:09.9	12:48.3	13:55.5	14:53.1	15:41.2	16:43.6	17:55.65	19:22.10	22:00.00	24:00.00	27:03.10	32:00.00
50 仰	38.10	39.60	41.60	43.55	46.05	49.00	51.50	53.95	58.40	1:03.35	1:09.30	1:23.15	1:55.00	2:38.40
100 仰	1:24.15	1:26.15	1:31.10	1:36.05	1:41.95	1:46.90	1:55.85	2:03.75	2:15.65	2:22.55	2:37.40	3:08.10	3:42.75	4:37.20
200 仰	2:58.65	3:03.00	3:12.10	3:23.00	3:36.10	3:50.50	4:02.00	4:12.60	4:38.50	4:55.80	5:26.55	6:38.55	8:00.00	9:07.45
50 蛙	42.10	43.55	45.05	46.50	49.00	52.00	53.95	56.45	1:01.35	1:07.30	1:18.70	1:35.05	2:06.70	2:48.30
100 蛙	1:34.05	1:36.05	1:38.00	1:44.95	1:48.90	1:54.85	2:01.75	2:09.70	2:21.55	2:32.45	2:59.20	3:47.70	4:42.15	5:46.50
200 蛙	3:18.80	3:22.65	3:31.30	3:40.90	3:50.50	4:00.10	4:14.50	4:28.90	4:52.90	5:16.95	5:55.35	7:07.40	8:43.20	10:33.85
50 蝶	35.65	36.15	38.10	40.60	42.55	44.55	48.00	53.45	59.90	1:10.30	1:24.15	2:18.60	3:08.10	3:57.60
100 蝶	1:20.20	1:23.15	1:27.10	1:32.05	1:41.00	1:51.85	1:59.80	2:12.65	2:30.45	2:53.25	3:27.90	4:07.50	4:57.00	7:10.65
200 蝶	3:00.55	3:08.25	3:19.75	3:29.35	3:47.60	4:10.00	4:28.90	4:57.70	5:21.75	6:19.35	7:31.40	8:38.60	10:19.45	13:26.75
200 四式	2:56.70	3:01.50	3:13.05	3:20.70	3:28.40	3:45.00	3:56.25	4:09.70	4:40.45	5:02.53	5:45.75	6:28.96	7:41.00	9:07.43
400 四式	6:07.65	6:27.05	6:48.15	7:02.60	7:31.40	8:14.61	8:53.00	9:17.05	10:19.45	12:09.90	14:00.00	15:41.20	17:10.00	20:38.90
男子	25	30	35	40	45	50	55	60	65	70	75	80	85	90
50 自	27.92	28.51	29.50	30.69	31.68	32.67	33.66	35.64	38.12	40.91	45.15	48.53	57.80	1:09.30
100 自	1:03.16	1:04.35	1:05.34	1:07.32	1:10.79	1:14.55	1:17.22	1:22.17	1:28.11	1:37.02	1:48.90	2:00.78	2:22.07	2:58.20
200 自	2:16.40	2:19.75	2:22.15	2:26.95	2:31.75	2:40.40	2:53.85	3:03.45	3:17.85	3:36.10	4:00.10	4:17.40	4:57.70	7:42.95
400 自	4:52.90	5:00.60	5:08.30	5:14.95	5:25.00	5:36.15	5:55.35	6:27.05	6:57.75	7:41.00	8:19.40	9:26.65	10:33.85	11:31.50
800 自	10:19.45	10:24.25	10:32.0	10:48.2	11:12.3	11:50.7	12:38.7	13:36.3	14:33.95	16:00.40	17:26.85	19:02.90	21:36.55	24:58.20
50 仰	33.36	34.16	35.42	37.13	38.41	40.10	42.08	45.05	47.03	51.48	58.91	1:02.87	1:20.19	1:39.00
100 仰	1:12.77	1:15.74	1:17.59	1:20.19	1:25.14	1:29.10	1:34.05	1:42.96	1:50.88	2:00.00	2:13.65	2:23.55	3:08.10	3:47.70
200 仰	2:33.65	2:38.45	2:43.25	2:51.90	3:02.50	3:12.10	3:21.70	3:40.90	3:55.30	4:14.50	4:48.10	5:36.15	7:12.20	8:38.60
50 蛙	35.64	36.63	37.62	38.61	40.59	42.57	44.55	46.53	49.50	52.97	57.42	1:07.32	1:34.05	1:58.80
100 蛙	1:20.19	1:22.37	1:25.93	1:28.11	1:31.08	1:33.06	1:39.00	1:44.94	1:51.87	2:04.74	2:19.59	2:41.37	3:42.75	4:34.23
200 蛙	2:53.85	2:56.70	3:01.50	3:09.20	3:14.95	3:21.70	3:36.10	3:46.65	4:07.80	4:28.90	5:02.55	5:45.75	7:12.20	8:38.60
50 蝶	30.59	30.99	31.68	33.17	34.16	35.64	36.63	40.10	43.56	48.51	57.42	1:20.19	1:54.84	2:28.50
100 蝶	1:08.31	1:09.30	1:11.28	1:15.24	1:18.21	1:21.18	1:30.09	1:39.99	1:51.87	2:05.00	2:35.43	3:08.10	3:57.60	4:47.10
200 蝶	2:40.70	2:41.70	2:45.60	2:54.00	3:02.30	3:17.00	3:34.00	3:48.35	4:18.70	4:48.10	5:31.10	6:43.75	8:09.00	10:04.65
200 四式	2:32.90	2:37.80	2:42.70	2:49.00	2:56.00	3:03.25	3:12.10	3:27.75	3:48.35	4:04.00	4:33.40	5:11.65	6:42.80	8:18.80
400 四式	5:44.95	5:50.00	5:56.70	6:04.55	6:14.35	6:33.00	7:00.40	7:35.70	8:33.50	9:31.35	11:10.00	12:28.70	13:26.55	16:19.00